



ABOUT ASPIRE

ASPIRE'S CLIENTS are courageous, committed young adults who have been challenged by life's obstacles, and have not given up. They are hungry for life to be lived authentically, with joy & passion, fully every day.

ASPIRE'S TEAM is a group of committed people who have dedicated their hearts and souls to make a difference for other courageous individuals. They know that life is full of challenges, and that we all make choices about how to deal with those challenges. ASPIRE's staff and board of directors believe in coaching, and have realized the benefits of having a coach and mentor who can work with people and have a positive impact in their lives.



ASPIRE'S PROGRAMS are cutting-edge and innovative. They incorporate activities that challenge our clients to understand and get related to themselves, others and their productivity in a whole new way. These programs guide individuals to understand how their past decisions and experiences are molding their future productivity and effectiveness. They begin to see what is preventing them from having a joyful life, full of self expression, possibility and fun. They examine every area of their lives, looking for and realizing what has worked and what has not. After defining what areas are not working, our program leaders guide each individual to seek new possibilities. These possibilities are new ways of being and functioning that allow their lives to be lived with integrity, productivity, excellence, and awesome relationships. Each participant is trained, supported, and encouraged to create a life they love, and to fulfill the promise that is within them.

ASPIRE is a 501(c)(3) non-profit organization

204 N. El Camino Real, Suite 430- Encinitas, CA 92024
Tel. (760) 230-2128 - Fax (760) 230-2149 - www.goaspire.org - info@goaspire.org