



aspire (*uh-spahyuhr*) v.

1. To rise up; soar; mount; tower.
2. To long, aim, or seek ambitiously
3. To have a great ambition or ultimate goal; desire strongly

OUR VISION

To Stand

To Create

To Inspire

To Challenge

To Heal



OUR MISSION

ASPIRE is committed to making a difference in the lives of underserved and low income young adults and their families.

ASPIRE is dedicated to inspiring and educating young adults so that they may create healthier lifestyles, practice integrity and self-respect, build valuable relationships, sustain stronger communities, and have fulfilling lives.

ASPIRE's programs, services and practices are designed to bring forth new possibilities, new openings for actions, and a brighter view of the future, for underserved individuals and families who are facing and are stopped by life challenges and obstacles in their path toward personal & professional growth, fulfillment and success.

ASPIRE is a 501(c)(3) non-profit organization

ABOUT ASPIRE

ASPIRE'S CLIENTS are courageous, committed young adults who have been challenged by life's obstacles, and have not given up. They are hungry for life to be lived authentically, with joy & passion, fully every day.

ASPIRE'S TEAM is a group of committed people who have dedicated their hearts and souls to make a difference for other courageous individuals. They know that life is full of challenges, and that we all make choices about how to deal with those challenges. ASPIRE's staff and board of directors believe in coaching, and have realized the benefits of having a coach and mentor who can work with people and have a positive impact in their lives.



ASPIRE'S PROGRAMS are cutting-edge and innovative. They incorporate activities that challenge our clients to understand and get related to themselves, others and their productivity in a whole new way. These programs guide individuals to understand how their past decisions and experiences are molding their future productivity and effectiveness. They begin to see what is preventing them from having a joyful life, full of self expression, possibility and fun. They examine every area of their lives, looking for and realizing what has worked and what has not. After defining what areas are not working, our program leaders guide each individual to seek new possibilities. These possibilities are new ways of being and functioning that allow their lives to be lived with integrity, productivity, excellence, and awesome relationships. Each participant is trained, supported, and encouraged to create a life they love, and to fulfill the promise that is within them.

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OUR PROGRAMS



ASPIRE's programs are cutting-edge and innovative. Our programs incorporate **ACTIONS** that challenge our clients get related to themselves, every area of their lives, decide what's working and what's not. After defining what areas are not working, our team guides each client to **SEEK** new possibilities that will allow a life lived with **INTEGRITY**, filled with awesome **RELATIONSHIPS**, including the relationship they have to themselves, and to be **EXCELLENT** in their endeavors.

The programs are designed to assist clients with getting related to who they are in this world for themselves and for others. Programs guide clients to understand how their past continues to live in their future, what is preventing them from having a joyful life, full of self expression, possibility and fun.

ASPIRE's clients are courageous, committed individuals who know that life is to be lived fully every day, authentically.

Individual Mentoring and Coaching Program

- Mentorship Program
- Individual Coaching
- Accountability Coaching

Leadership Development Training

- Bravehearts Program

Group Workshops and Seminars

- Mentorship Program
- Power of Belief
- Effective Communication
- Creating Values and Vision
- Potholes in the HWY of love
- Shifting from self to service
- How to create balance in life
- Personal Effectiveness
- Internal Conversation
- Fulfillment Cycle
- Schedule
- Discipline for Success



Contact us at:

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CONTRIBUTION FORM

Please complete this form and turn it in

I,, would like to contribute to ASPIRE's cause and mission to make a difference in the lives of young adults by:

Donating:

\$25 \$50 \$75 \$100 \$150 \$200 \$350 \$500 Other \$_____

I would like to pay with check I would like to pay cash I would like to pay with credit card

Visa Master Card American Express Discover

Name on the card: _____

Card Number: _____ - _____ - _____ - _____

Expiration date: ____ / ____ Code on the back of the card: _____

Credit card billing address: _____

City: _____ State: _____ Zip Code: _____

Card holder signature: _____ Date: _____

Introducing ASPIRE to businesses & corporations for donations or fundraising

Hosting fundraising events for ASPIRE

You can contact me via:

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Fax Phone: _____

Assisting and volunteering in ASPIRE fundraising events

I would you like to receive the ASPIRE monthly newsletter

My E-mail address is: _____

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