

OUR PROGRAMS



ASPIRE's programs are cutting-edge and innovative. Our programs incorporate **ACTIONS** that challenge our clients get related to themselves, every area of their lives, decide what's working and what's not. After defining what areas are not working, our team guides each client to **SEEK** new possibilities that will allow a life lived with **INTEGRITY**, filled with awesome **RELATIONSHIPS**, including the relationship they have to themselves, and to be **EXCELLENT** in their endeavors.

The programs are designed to assist clients with getting related to who they are in this world for themselves and for others. Programs guide clients to understand how their past continues to live in their future, what is preventing them from having a joyful life, full of self expression, possibility and fun.

ASPIRE's clients are courageous, committed individuals who know that life is to be lived fully every day, authentically.

Individual Mentoring and Coaching Program

- Mentorship Program
- Individual Coaching
- Accountability Coaching

Leadership Development Training

- Bravehearts Program

Group Workshops and Seminars

- Mentorship Program
- Power of Belief
- Effective Communication
- Creating Values and Vision
- Potholes in the HWY of love
- Shifting from self to service
- How to create balance in life
- Personal Effectiveness
- Internal Conversation
- Fulfillment Cycle
- Schedule
- Discipline for Success



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ASPIRE is a 501(c)(3) non-profit organization